

Articulation Agreement Template is provided by the Maryland Higher Education Commission (MHEC) and is a resource for institutions. This template is not legal advice. Institutions should consult their own legal counsel regarding articulation agreements and other agreements, contracts, or institutional policies. Please provide a copy of all institutional articulation agreements to MHEC.

A.S. in HEALTH & EXERCISE SCIENCE/B.S. in EXERCISE & SPORT SCIENCE

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**ACADEMIC PROGRAM ARTICULATION AGREEMENT BETWEEN
GARRETT COLLEGE
AND
FROSTBURG STATE UNIVERSITY REGARDING TRANSFER FROM ASSOCIATE
OF SCIENCE DEGREE IN HEALTH AND EXERCISE SCIENCE TO BACHELOR OF
SCIENCE IN EXERCISE AND SPORT SCIENCE**

This Academic Program Articulation Agreement (“Agreement”) is entered into by and between Garrett College (the “Sending Institution”) and Frostburg State University (the “Receiving Institution”) (collectively, the “Institutions”) to facilitate the transfer of academic credits from Associate of Science in Health and Exercise Science, HEGIS code 529900 and CIP code 510000 for the completion of Bachelor of Science in Exercise and Sport Science, HEGIS code 083502 and CIP code 510913.

A. Qualifying Students

This Agreement pertains to the transfer of “Qualifying Students”, *i.e.*, those students who:

1. Have successfully completed the program at the Sending Institution;
2. Are enrolled in the Sending Institution, in good standing; and
3. Are accepted for admission to the Receiving Institution

B. Responsibilities of the Institutions

The Institutions agree to implement the transfer of Qualifying Students in accordance with applicable law and the following requirements and protocols:

1. A Qualifying Student may transfer from the Sending Institution into the Receiving Institution for the completion of the Program.
2. Courses for which the Receiving School will accept credits towards completion of the Program include:

Garrett College			Frostburg State University			
Course Number	Course Name	Credits	Course Number	Course Name	Credits	Applied to*
Year One, 1st Semester						
FYE 101	First Year Experience	1	ORIE 101	Introduction to Higher Education	1	General Elective
ENG 101	Comp I – Expository Writing	3	ENGL 101	First-Year Composition	3	GEP Core

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Garrett College			Frostburg State University			
Course Number	Course Name	Credits	Course Number	Course Name	Credits	Applied to*
BIO 101	General Biology I	4	BIOL 149	General Biology I	4	Major and GEP Group C
EXS 103	Foundations of Exercise Science	3	EXSS 103	Foundations of Exercise and Sport Science	3	Major
EXS 175 and EXS 299	Foundations of Resistance Training (1 cr.) and Special Topics in Exercise Science (2 cr.)	3	EXSS 175	Foundations of Resistance Training	3	Major
MAT 210	Introductory Statistics	3	MATH 109	Probability and Statistics	3	GEP Core and Major
Total		17	Total		17	
Year One, 2nd Semester						
BIO 103	Medical Terminology	3	HSCI 101	Medical Terminology	3	Major Elective
BIO 200	Human Anatomy & Physiology I	4	BIOL 321	Anatomy and Physiology I	4	Major
EXS 115	Methods of Group Fitness Instruction	3	EXSS 115	Methods of Group Exercise Instruction	3	Major
	GER Literature Course	3	ENGL 150	Intro to Literature	3	GEP Group B
ART, MUS, or THE course	Art, Music, or Theatre Elective	3		GEP Fine and Performing Arts	3	GEP Group A
Total		16	Total		16	
Year Two, 1st Semester						
BIO 201	Human Anatomy & Physiology II	4	BIOL 322	Anatomy and Physiology II	4	Major
SPM 272	Psychological Perspectives of Sport	3	EXSS 341	Psychology of Physical Activity	3	Major
COM, ENG, HIS, HUM, PHL, or SPN course	GER Arts & Humanities Course (choose from COM, ENG, HIS, HUM, PHL, or SPN)	3		GEP Humanities	3	GEP Group B
	GER Interdisciplinary/ Emerging Issues	3	IDIS 150	First-Year Colloquia	3	GEP Group E
PSY 101	General Psychology	3	PSYC 150	General Psychology	3	GEP Group D
Total		16	Total		16	
Year Two, 2nd Semester						

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Course Number	Course Name	Credits	Course Number	Course Name	Credits	Applied to*
COM 101	Intro to Communication	3	STCO 102	Intro to Strategic Communication	3	GEP Group E
BIO 130	Principles of Nutrition (choose for GER Science)	3	EXSS 200	Nutrition		GEP Group C and Major
	GER Social & Behavioral Science Course	3		GEP Social Science	3	GEP Group D
BUS 251	Principles of Management	3	MGMT 251	K&A of Management	3	Major Elective
BUS 289	Entrepreneurship	3	MGMT 315	New Business Ventures	3	
CHE 101	General Chemistry I	4	CHEM 201	General Chemistry I	4	
PHY 101	General Physics I	4	PHYS 215	General Physics I	4	
	One elective from the following*:					
	Total	12-13				
Total Credits at Garrett College: 61-62						

*Students pursuing graduate school should select Chemistry or Physics as their elective.

Frostburg State University			
Course Number	Course Name	Credits	Applied to*
Year Three, 1st Semester			
EXSS 320	Research Methods in Kinesiology	3	Major
COSC 100	Introduction to Computer Science	3	GEP Tech Fluency Requirement
EXSS 305	Care of Prevention of Athletic Injuries	3	Major
EXSS 303	Biomechanics	3	Major
ENGL 308/310	Advanced Writing	3	GEP Core Skills
	Total:	15	
Year Three, Second Semester			
EXSS 315	Nutrition for the Physically Active	3	Major

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EXSS 401	Physiology of Exercise	3	Major
EXSS 435	Lifespan Health & Fitness	3	Major
	Program Electives	3	Major
	General Elective	3	
	Total:	15	
Year Four, 1st Semester			
EXSS 306	Organization & Administration	3	Major
EXSS 410	Advanced Strength Training	3	Major
EXSS 411	Evaluation & Prescription	3	Major
EXSS 482	Field Experience	4	Major
	GEP Identity & Difference	3	GEP Group F
	Total:	16	
Year Four, 2nd Semester			
EXSS 492	Seminar in Health Fitness	3	Major
EXSS 495	Internship in Health Fitness	9	Major
	Program Electives**	3	
	Total:	15	
Total Credits at FSU: 61			

**One of multiple course options possible to meet this requirement. Students should consult with their advisor on course selection and visit ARTSYS to view all possible course options for this category.

- Students must earn a grade of C or better in all major courses, as well as core general education requirements (ENG 101 and MAT 210).
- The Receiving Institution shall designate, and shall provide to the Sending Institution, the contact information for a staff person at the Receiving Institution who is responsible for the oversight of the transfer of Qualifying Students. The Sending Institution shall designate, and shall provide to the Receiving Institution, the contact information for a staff person at the Sending Institution who is responsible for the oversight of the transfer of Qualifying Students.

	Sending Institution	Receiving Institution
Name of staff person responsible for oversight	Kim DeGiovanni	Dr. Linda Steele
Title of staff person	Associate Dean of Student Affairs/Registrar	Transfer and Articulation Coordinator
Email address	registrar@garrettcollege.edu	lsteel@frostburg.edu
Telephone Number	301-387-3040	301-687-4137

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Should the staff person or position change, the institution will promptly provide new contact information to the partner institution and inform the Maryland Higher Education Commission of the change.

Additional contact information:

[Role & Responsibilities of persons listed here]	Sending Institution	Receiving Institution
Name of person	Christa Bowser	Dr. Jacqueline Durst
Title of person	Dean of Academic Affairs	Chair of Kinesiology and Recreation & Parks Management
Email address	christa.bowser@garrettcollege.edu	jrdurst@frostburg.edu
Telephone Number	301-387-3059	301-687-3228

5. If the Qualifying Student is using federal Title 38 VA Education Benefits (GI Bill® Education Benefits), the Institutions shall adhere to all applicable U.S. Department of Veterans Affairs' regulations, including the regulations governing the awarding prior credit, as regulated under Title 38, Code of Federal Regulations, Sections 21.4253(d)(3) and 21.4254(c)(4).
6. Each Institution shall adhere to all applicable transfer requirements set forth in the Annotated Code of Maryland and the Code of Maryland Regulations.
7. Each Institution shall advise students regarding transfer opportunities under this Agreement, and shall advise students of financial aid opportunities and implications associated with the transfer.
8. Either Institution that makes changes to program requirements must inform the partner institution immediately. The articulation agreement should be updated to reflect the changes and forwarded to the Maryland Higher Education Commission.

C. Term and Termination

1. This agreement shall be effective on the date that it is signed by the appropriate and authorized representatives of each Institution.
2. Either Institution may, at its sole discretion, terminate this Agreement upon delivering 90 days written notice to the other Institution and the Maryland Higher Education Commission.

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The parties agree that students currently enrolled in the program at the time of termination shall be permitted to complete the program as described herein.

3. Both Institutions agree to meet once every two year(s) to review the terms of this agreement.

D. Amendment

1. This Agreement constitutes the entire understanding and agreement of the Institutions with respect to their rights and obligations in carrying out the terms of the Agreement, and supersedes any prior or contemporaneous agreements or understandings.
2. This Agreement may be modified only by written amendment executed by both Institutions.

E. Governing Law

This Agreement shall be governed by, and construed in accordance with, the laws of the State of Maryland.

F. Counterparts

This Agreement may be executed in counterparts, each of which shall be deemed to be an original, but all of which, taken together, shall constitute one and the same agreement.

G. Notice of Agreement

1. The Institutions agree to provide a copy of this Agreement, with any amendments, to the Maryland Higher Education Commission.
2. The Institutions agree to provide copies of this Agreement to all relevant individuals and departments of the Institutions, including but not limited to students, academic department chairs participating in the transfer, offices of the president, registrar's offices, and financial aid offices.

H. No Third-Party Beneficiaries

There are no third-party beneficiaries to this Agreement.

I. Representations and Warranties of the Parties

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Both Institutions represent and warrant that the following shall be true and correct as of the Effective Date of this Agreement, and shall continue to be true and correct during the term of this Agreement:

1. The Institutions are and shall remain in compliance with all applicable federal, state, and local statutes, laws, ordinances, and regulations relating to this Agreement, as amended from time to time.
2. Each Institution has taken all action necessary for the approval and execution of this Agreement.

IN WITNESS WHEREOF, the parties hereto have caused this Agreement to be executed by their duly authorized representatives.

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Garrett College

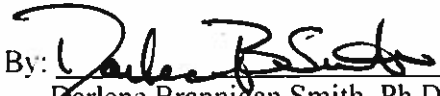
Frostburg State University

By: 
Dr. Richard Midcap
President


4-28-26
Date


Christa Bowser
Dean of Academic Affairs/Chief
Academic Officer


4/29/2026
Date

By: 
Darlene Brannigan Smith, Ph.D.
Interim President

5/05/2026
Date


Dr. Michael Mathias
Provost and Vice President of
Academic Affairs

5/4/26
Date


Dr. Boyce Williams
Dean of Education, Behavioral and
Health Professions

5/4/2026
Date